

# HOSPICE HIGHLIGHTS

A newsletter for donors and friends of Partners Hospice

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## PARTNERS HOSPICE SALUTES – NAN ST. GOAR

### Hospice Pioneer, Volunteer, Donor and Friend

Many talented people have been inspired by Partners Hospice's extraordinary care to donate their valuable time, talent and treasure to advance its mission. Anne Franchot Godley St. Goar, MD, known as Nan, is one of these invaluable people.

Nan is truly a renaissance woman – in 1944, at a time when most women did not continue on to higher education, nor work out of the home, Nan graduated from Vassar College, studied pre-med at Boston University, and graduated from Yale Medical School in 1948. Nan first learned about hospice care while at Yale, which developed the first Hospice in the United States based on Cecily Saunders' model in England.

Not only is Nan a successful physician she is also an avid gardener and artist. Her artistic ability comes naturally, Nan's father, an architect who taught at Yale, was also an artist. Nan proudly displays many of her father's paintings throughout her home.

After medical school, Nan interned at Mass General Hospital, where she met her husband, Walter Treat St. Goar. They married in 1950 and spent seventeen months working in a civilian clinic in California during the Korean War. After a year in England, they returned to MGH, where they spent the rest of their professional lives. They had four children, two of whom followed their parents into medicine, both graduates of Harvard Medical School. In 2004, after a long illness, Walter St. Goar passed away at the age of 84.

Nan says she knew she wanted to do hospice work when she retired. True to her word, in 1993 when Sally Porter, a friend of hers and a nurse, called to tell her about Boston's first hospice, affiliated with Trinity Church in Copley Square, she jumped at



Nan St. Goar enjoying her garden patio.

## FROM THE DESK OF KEITH KERTLAND



Keith Kertland

*This month my mother-in-law moved in with us. An 88-year-old tough independent Yankee from Millinocket, Maine – strong stock! Until last year she had her own apartment, been driving and been able to fend for herself, so this was not her idea and she is begrudgingly beginning to realize that we are the best of the options she has at this time.*

*Within a week of my mother-in-law's arrival my son and daughter-in-law, both having recently graduated from college in Iowa and wanting to live and work in the Boston area, also moved in with us, bringing along their black lab Belle. With five adults and two dogs and only a two-bedroom townhouse, we have a very full house.*

*I am now aware that I am one of the sandwich generation – those baby boomers who have two generations whose lives have become entwined in a new and supportive way. It feels at times that we are being squeezed from all sides as my wife and I struggle to keep things “normal,” give of ourselves and provide the support everyone else needs at this point in their lives.*

*Yet with all the stress and busyness and demands and frustrations there are great moments of tenderness and caring that are truly unique. My son talking to his grandmother with his arm around her, me listening to the hopes and aspirations for a new professional and personal life as shared by my son and his wife in Boston, and those very personal moments when a family interacts with each other in ways that are one time gifts.*

*In his book **Surprised by Joy** C.S. Lewis talks about what he experienced when as an entrenched bachelor, theologian and professor at Oxford he fell in love with Joy whom he later married.*

***Our recent events have made me think of Lewis' unexpected response to the situation he found himself in and what the families of our hospice patients must also experience.***

*These families take on a commitment of care with all of its dynamics, stresses, and responsibilities that may at times be challenging and overwhelming. Yet letter after letter, survey after survey tell us that this was a once-in-a-lifetime gift that a family gave to their loved one and that the patient gave to the family.*

*To let yourself be cared for is not always an easy thing; however it is a time that will remain within the family's collective memory for the rest of their lives. There is a bond, an intimacy, an openness that families and patients experience and it is perhaps one of the greatest gifts we can give to another human being both as care giver and care receiver. We should not forget that many hospice patients in turn become caregivers for their families as they comfort and support the very people who are taking care of them.*

*The hospice team members know and respect the role of the patient and family in this care and it is an honor for them to be allowed by these families to be a part of it.*

*While my life has changed significantly in the last month, I am sure I will look back on this time as a wonderful experience. It gives me a greater understanding of what it means to open yourself to the possibilities of caring for family and a new appreciation for families who care for their loved ones where most of us would want to be – home.*

*Keith Kertland*

Keith Kertland, MA, MBA  
Vice President of Hospice & Palliative Care

## FIRST ANNUAL LIVE BUTTERFLY RELEASE

### Celebrating the lives of Cherished Family and Friends

On June 5<sup>th</sup>, Partners Hospice held the first annual Live Butterfly Release event at the Massachusetts Horticultural Society at Elm Bank Reservation in Wellesley. More than 60 people braved an unusually cold and rainy day that was made beautiful upon the release of 100 painted lady butterflies. Following a program of poems and stories, the list of people for which each butterfly was released in memory or honor of was recited. The guests then retired to the lush gardens of the Reservation where they experienced the awe of releasing each butterfly.

Proceeds from this event benefit charity care for uninsured and underinsured hospice patients. We gratefully acknowledge all of the donors who made tribute gifts and to Green Olive Catering for donating their services in-kind. ■



A young participant shows off the butterfly that landed on his finger.



### One of the poems read at the Butterfly Release

#### On the Wings of Hope

*As an ancient legend goes;*

*If anyone desires a wish to come true,  
they must capture a butterfly and whisper that wish to it.*

*Since butterflies make no sound,  
they can't tell that wish to anyone but the Great Spirit.*

*So by making the wish and releasing the butterfly,  
it will be taken to the heavens and be granted.*

*Although this legend implies that we should keep our wishes silent,  
there are some wishes that need to be expressed out loud.*

*To those that have been touched by the loss of a loved one,*

*We wish the caregivers strength and tranquility,  
and thank them for their gifted labor of love.*

*We wish the survivors a long and happy life,  
and thank them for showing us how to fight with courage and determination.*

*We wish those currently fighting the battle energy and hope,  
and thank them for showing us what true bravery is all about.*

*And finally, we wish the victims peace and love,  
and thank them for the joy and happiness they have brought us.*

*With this symbolic gesture, we honor those that have left us and encourage  
those left behind to continue the fight "On the Wings of Hope."*

GRANT ANNOUNCEMENTS

Partners Hospice gratefully acknowledges our most recent grant funders for their generous gifts and highlights below how this funding helps to ensure the continuity and strength of our services.

**Anonymous – \$50,000**

To invest in an organization-wide technology upgrade.

Today’s health care environment relies heavily on technology, which is constantly changing and improving. In keeping with our mission to provide the best care possible to our patients we have made a commitment to ensure we have state-of-the-art technology. With this generous anonymous donation, we have purchased new computers, software and clinician point of care devices. This gift allows Partners Hospice to provide the most advanced safe and effective care to our patients.

**The Kenneth B. Schwartz Center – \$12,960**

To develop and implement a home health aide training and education program.

This project will help to develop a new model of care by educating and training home health aides to achieve higher levels of competency in their communication with patients, family members, and other caregivers who are part of the interdisciplinary care team. The program will include trainings on hospice techniques

as well as complimentary therapies that can ease pain and enhance the well-being of patients.

**E. Rhodes and Leona B. Carpenter Foundation – \$23,225**

To certify nurses and home health aides by the National Board for Certification of Hospice and Palliative Care Nurses (NBCHPCN).

Partners Hospice is committed to ensuring that our staff maintains knowledge of current evidence-based practice and have the advanced skills necessary to provide the highest level of care to our patients and their families. The NBCHPCN certification program is a key element in reaching this goal.

**Alice Willard Dorr Foundation – \$10,000**

For the laptop computers and portable printers for the Long Term Care Team.

This equipment will significantly improve the ability of hospice staff to provide effective and efficient quality care to our patients in long-term care facilities. New laptops with portable printers will result in reduced disruption to patients and staff at these long-term care facilities and will help to eliminate duplication of paperwork that will result in each team member being able to make two additional visits per week. ■

IN THE PUBLIC EYE/BY THE NUMBERS

In the Public Eye



MAY 8, 2008 – Partners Hospice volunteers

**Christina Kim** and **Pat Konkle** were featured in an article in the *Globe West* titled “A Good Death: Hospice volunteers, young and old, find growth in offering comfort.” ■

MAY 9, 2008 – “Hospice Volunteer helps People Gain Peace,” a story about Partners Hospice volunteer, **Pat Konkle**, appeared in the *Bedford Minuteman*. ■



JUNE 25, 2008 – **Phyllis Fingerman**, a Partners Hospice donor who attended the first annual Live Butterfly Release on June 5, 2008, was

pictured in the *Malden Observer* with the butterfly she released in memory of her mother **Dorothy Snider**. ■



JULY 14, 2008 – A recent *Advance for Nurses* cover story featured the

Bridge to Hospice and Partners Transitions programs and **Nancy Chane, RN**, Director of Partners Transitions, **Danielle Franks, RN**, Partners Hospice and **Susan Donovan, RN**, Partners Home Care. ■

By the Numbers

**3,235** – Number of hours Partners Hospice Volunteers served over the past year. ■

## SUCCESSFUL TEE-OFF NOW BENEFITS PARTNERS HOSPICE

Pinehills Golf Club, June 25th, 2008

PRESENTED BY **Bank of America** 



For 14 years, Partners Home Care, an affiliate of Partners Hospice, has held a successful golf tournament. Now that tournament also benefits Partners Hospice. This year's milestone 15th Anniversary Tee-Off was an incredible success with more

than 200 golfers, 81 corporate donors and a total income of over \$476,000. Proceeds from the Tee-Off typically make up a quarter of all charitable income to Home Care and Hospice, but this year's record-breaking and goal-busting success has increased that number to over 37 percent. As a result Hospice will be able to, among other investments:

- Provide **266 days** of charity hospice care to patients who lack insurance

**This success could not have been possible without the support of a committee of volunteers and generous corporate and individual sponsors.**

We are grateful to have had the opportunity to thank our sponsors at a Reception held at the Westin Copley place the evening before the Tee-Off. David Storto, President of Partners Continuing Care and Chris Attaya, President, Partners Home Care thanked the Tee-Off committee and recognized the major sponsors for their generosity and continued support.

For more information about the Tee-Off, a listing of sponsors and donors and photos, please visit the Tee-Off website at [www.partnershomecare.org/golf](http://www.partnershomecare.org/golf). ■



Top photo (l to r.): Chris Attaya, President, Partners Home Care; Lynn Wiatrowski, Bank of America; and David Storto, President, Partners Continuing Care, attend the June 24 Sponsor Reception. Bottom photo: Tee-Off CO-Chairs and Chris Attaya (far right) enjoy the Tee-Off awards dinner. L. to r.: Roger Boucher, Bank of America; Joe Carrabes, Jennison Associates; Mike Manning, Partners HealthCare System.

Over the next few months, Partners Hospice will be seeking business and community leaders to join the Tee-Off committee for what is expected to be an outstanding 16th annual Tee-Off to be held at Pinehills on **June 24, 2009**.

### TEE-OFF COMMITTEE

#### CO-CHAIRS

**Roger Boucher**  
BANK OF AMERICA

**Joe Carrabes**  
JENNISON ASSOCIATES, LLC

**Mike Manning**  
PARTNERS HEALTHCARE

#### MEMBERS

**Chris Attaya**  
PARTNERS HOME CARE

**Stever Aubrey**  
DOVETAIL HEALTH

**Maura Callahan**  
PARTNERS HEALTHCARE

**John Connolly**  
STATE STREET CORPORATION

**Kevin Doyle**  
CB RICHARD ELLIS/NEW ENGLAND

**John Grady**  
ATHENA CAPITAL, LLC

**Charlie O'Connor**  
FIDELITY INVESTMENTS

**Peter Stevens**  
JP MORGAN

# TRIBUTE GIFTS

Partners Hospice would like to thank the friends and family members who generously contributed gifts in honor, in memory or in lieu of flowers of someone special in their lives. This list reflects tribute and in lieu of flowers gifts made between February 1, 2008 and July 25, 2008. The names highlighted in purple were recited at the June 5<sup>th</sup> Butterfly Release event.

## IN HONOR OF

---

Meredith Dyson

Sue Gustafson

Maurice Kouguell

*Tammy Miller-McDonald*

Niki Pugach

*Captain Soren D. Seale*

*Lawrence "Larry" Bullard*

*Chris Bures*

*Bob Burnley*

*Steve Burton*

*Maeva Katherine Butler*

*Jessie Chambers Bynoe*

*Catherine "Kay" Cadigan*

*Anthony Calabrese*

*Carl Cantor*

*John A. Cappello*

*Madeline Cardillo*

*Joseph Cardoza*

*Joan Carley*

*Geraldine Carnes*

*Frank Carrigilo*

*Patricia Ellen Carusone*

*Vincent Cila*

*Geraldine Bartleett Cleveland*

*Margaret Colangelo*

*Ruth Coleman*

*Mary Ann Comeau*

*Warren S. Cook*

*Dorothea Cranmore-Butler*

*Francis Crotty*

*Nancy W. Danforth*

*Nicholas W. Danforth*

*Marie Koenan de Boer*

*Maureen DeCoste*

*Mary DiVito*

*Peter DeMarrio*

*Lidia Dizoglio*

*Irving Douglas*

*Kenneth Driscoll*

*Loretta Duffy*

*William D. Eberle*

*Constance Eisen*

*Chris Euchner*

*Bernadette R. Ewing*

*Jackie Fay*

*Walter Feeney*

*Joseph Ferguson*

*Marguerite Brink Feuer*

*Betty C. Flack*

*Stephen P. Flynn*

*Marisa L. Foti*

*Frederick Frankel*

*Eleanor "Ellie" Freda*

*Selma Friedman*

*Josephine L. Frisardi*

*Gladys Fuller*

*Richard A. Fuller*

*Julia Gabaldon*

*Ann Spencer Gates*

*Barbara Ghilain*

*Ruth Landers Glass*

*Elizabeth Grady*

*Allan W. Greaves*

*Barbara Greenberg*

*Mary M. Griffin*

*Sue Gustafson*

*Edward Duane Hall*

*Jeremiah Hanafin*

*Jane M. Hanlon*

*Faheme Hanna*

*Helen Hanna*

*Mary Haydu*

*William Francis Hazlett*

*Elisa Hegarty*

*Barbara Henault*

*Dorothy Hershkowitz*

*Paul Higgins*

*Joseph "Sonny" Higgins*

*Mary Hillaris*

*George F. Hoffman*

*John Houghton*

*Rodger Houton*

*Theresa Hoxsie*

*Charles "Chuck" Ihley*

*Michael James*

*John E. Jameson*

*Joseph "Joey" Jenard*

*Jackie Johnson*

*Frank Jones*

*Joan Keenan*

*John Kennedy*

*John M. Kenney*

*John Sung Yoon Kim*

*Maurice Kouguell*

*Fred Kress*

*Katherine Kress*

*Joan F. Larkin*

*Florence Lenkiewicz*

*Kuang Pang Li*

*Gilbert Lima*

*Santa Limole*

*James W. Linarydy*

*Edna Linarydy*

*Walter Lind*

*Joseph "Joe" Logan*

*Claire F. Lundin*

*Maurice Marchand*

*Regina Martin*

*Rita Marie Martinsen*

*Yolanda Mayne*

*Catherine McCarthy*

*Robert J. McNulty*

*Emily Mehlman*

*Dora Mercogliano*

*Filamana Mercogliano*

*Michael Mercogliano*

*Miriam Miller*

Joan Monahan  
 Betty Montgomery  
 Annette Morrissette  
 Robert Mullen  
 Connie Murphy  
 Joseph E. Muscato  
 Marie Nahas  
 Elsie Wood Nawoichik  
 Robert B. Nelson  
 Mary E. Nickerson  
 Joseph Nigro  
 John D. O'Brien  
 Martin O'Connor  
 James O'Donnell  
 John J. Ogonik  
 Paul Olson  
 Angelina "Ann" Palermo  
 Petra Parillon  
 Ferdinand Pedo  
 Lucy Ann Perry  
 Claire Pitts  
 Shirely Quigley  
 Catherine M. Quinn  
 Marco Quintanilla  
 Dolly Randall  
 Anthony Ricciardi  
 Jean Bleyfus Richardot  
 Natalie Bleyfus Richardot  
 Olga Riska  
 Nathalie Ritchey  
 John "Jack" Robinson  
 Catherine Ross  
 Lois Jean Rossi  
 Letty M. Rothstein  
 Margaret Mary Rutkosky  
 Charles Savage  
 Lester Savage  
 John Shalbey  
 Bernadette Shayeb  
 Mary Shea  
 John Sheppard

Pearl L. Shulman  
 Louis Sibley  
 Ronaldo Sicotte  
 Jean Simon  
 Marvin Singer  
 Dorothy Snider  
 Martha B. Spencer  
 Claude Stanziani  
 Irving Streeter  
 William Sullivan  
 James M. Sullivan  
 Frederick D. Tedesco  
 Rose Thomas  
 Julia Thorne  
 Libby Tranfaglia  
 A. Michael Vacca  
 Andrew J. Veneto, Sr.  
 Josephine DeVasto Visconti  
 Mary Walsh  
 Paul J. Warren  
 Robert B. Watson  
 Lisa Wenzel  
 William Wertz  
 Robert L. Wheaton  
 Mary Whittemore  
 Lynne Wisneski  
 Helen Wlodkoski  
 Fred Woodside  
 Matthew Wright  
 Franklin Wyman  
 Dorothy Yandel

*We have made every effort to be inclusive and accurate and respect requests for anonymity. However, if you have questions, corrections or would like to amend the listing of a name, please contact Melinda Forstey at 781-290-4094. ■*

## HOSPICE SALUTES NAN ST. GOAR

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the chance to help get off the ground as a volunteer. Trinity Hospice was the country's first urban hospice. Originally housed in Copley Square, Trinity Hospice moved to Brookline Hills in 1994 and after a series of mergers became Partners Hospice.

From 1993-2001 Nan volunteered her time and skills to Hospice. She traveled all over greater Boston to spend time with the dying and provide respite for their families. She speaks fondly of her more memorable patients, like the former beautician from Dorchester, whom Nan helped with her errands; and a man from Brighton, whom she visited regularly during the month leading to his death. His wife would leave as soon as Nan got there. "That's what I was doing, giving her a break. But, I also formed a special relationship with her that we still maintain today as we talk on the phone regularly and visit when we can."

### Why is Partners Hospice so important to Nan?

Nan believes that no one should die alone. It is her belief that patients and families deserve compassion, respect and dignity when facing the complex challenges that accompany the end-of-life. She says "hospice is helping a patient die and helping the family, making it happier, helping people accept dying."

As Nan has observed over the years, medicine has changed as people are living longer but not necessarily better. "My parents lived to their early 70s. That was considered a great age," Nan said. "But, the quality of life is much more important than just living."

With that in mind, Nan continues to be a great advocate for the mission of Partners Hospice, which is to deliver compassionate hospice care and community based services to enhance the quality of life for those we serve. We salute Nan for her generous annual charitable contributions and for helping to reunite the Trinity Hospice Associates. In fact, this fall Nan will bring together many of her passions by hosting a tea for hospice benefactors in the beautiful gardens at her home. ■



Cordially invites you to

A SERVICE OF  
*Remembrance*

Thursday, September 11, 2008

Stonehurst, Robert Treat Paine Estate  
100 Robert Treat Paine Drive, Waltham, MA

4:30 pm – Arrival and Registration

5:00 pm – Service of Remembrance

Light refreshments following ceremony

Children ages 5 - 12 are invited to participate in our special children's memorial activity beginning at 5:00 pm.

**You are welcome to bring photographs to display on our Remembrance Table.**

For more information or to RSVP, contact Rachelle LaMaster at 781.290.4046 by Friday, September 5, 2008.



281 Winter Street  
Suite 200  
Waltham, MA 02451  
781-894-1100

**GIVE ONLINE!**

Make your gift to Partners Hospice online today – it's fast, easy and secure.  
Simply visit [www.partnershospice.org/give](http://www.partnershospice.org/give)



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